PERSONAL GEAR		
Duffle bag 11"h x 19.75"w x 9.75"d		Sleeping bag – mid-weight for most trips
☐ Wool Sweater or fleece jacket		Sun Screen
☐ Pair long pants (no blue jeans or polyester blend)		Swim suit
☐ T-shirts (UVB protection recommended)		Rain gear (not ponchos) jacket
☐ 3-4 pair socks		Camera
☐ 3-4 pair underwear		Motion Sickness Pills (Dramamine)
2 pair deck shoes or tennis shoes		Sunglasses
O MUST BE NON-MARKING SOLES		Cards
2 pair shorts		Nalgene Bottle
☐ Cap with brim		Bug Repellant
☐ Towels, washcloth & toilet kit		Shower shoes
OPTIONAL ITEMS □ *Long Underwear (no cotton, prefer polypropylene) *Heavy Jacket or Heavy Vest □ *Cap (wool-stocking) *Gloves*(Usually for Spring & Fall Cruises) □ Cell phone (Must be used below only). Charging statistic Sailing Gloves *For early or late season trips.	ons	not provided)
ITEMS TO LEAVE AT HOME		
Drugs and Controlled Substances		Headphones (safety issue)
Firearms		Fishing Tackle
☐ Fireworks		Fire Starters/Lighters
Video Games		Electronic Games
□ DVD Players		

STORAGE FOR PERSONAL GEAR

Each person will have a very small area to store their personal gear on bunks. Gear must be brought in small duffel or soft luggage NO hard suitcases.